

Merging Waters Mid-Week

January 7, 2021

MWMWM

UPCOMING SERVICES at 10:30 a.m.

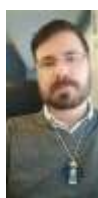
Jan 10 th .	First Sunday After Epiphany – How We Are Connected
Jan 17 th .	Second Sunday After Epiphany – Called to Be Beloved Community
Jan 24 th .	Third Sunday After Epiphany – Together We Journey
Jan 31 st .	Fourth Sunday After Epiphany – Shared West Island United Church – Celebrating Our Togetherness – Worship Service 10 am

Worship at Merging Waters: Sunday www.mergingwaters.ca/Worship-online
Links for the Zoom Service will be available at on that page
Download the Zoom App at zoom.us/download

Merging Waters
Pastoral Charge



Welcome. Grace. Service. Love.
Community.



Greetings Merging Waters,

January 7th, 2021

I would like to start this first message of 2021 with gratitude: Many thanks to all of you who sent emails, texts, and cards so full of warmth and love to Luke and I this season. They have warmed our hearts and our home. Thank you to those who shared Christmas treats with us. It was so kind and so fun to get a text message here and there telling us that something was dropped off for us to enjoy. You did it safely and lovingly and, while our waistlines might not, we thank you for that. This has been a year where we all needed reminders of love and support to get by and we have all shared those together.

Another thank you is one for us all. I am so grateful that despite a pandemic, even, as we have lamented our time apart, missing the physical presence that has brought us joy we have worked with what we've got to be the best we can be. We have had a sense of privilege challenged we were reminded by a virus that we are all connected and none of us made immune by position, wealth, faith, or commitment. We have been reminded of the inequities in our health and care systems, and in the unjust treatment of racialized peoples. What we have done in response however, has shown who we are.

The work of Outreach, pastoral care, education, yoga, administration, and worship in showing our love for the Divine in all has continued despite the need for additional steps, physical distance, and the learning of new technologies. Our online discussions, Zoom Worship, and activities like the Twelve Days BEFORE Christmas allow us to continue to bring joy and community to so many. We have continued to lift up our song of faith in different ways and while they were not the same, we looked still to the future.

Aware that things will not always be this way and that we can find opportunities to continue to be relevant and who we are even in the face of sweeping change. God continues to call us into a vibrant and active life of faith and service to the world.

So, we let each other know that we miss one another and we use whatever tools we can to continue to share in community as best we can. To all who continue to show the world that we are a loving community ready to show love, even in new ways, Thank You!

This week as we join in worship, at the beginning of a year that offered promise and challenge, we will seek to remember the connected nature of our existence. Connected with the Divine, Creation, and one another we will ask:

- How do our choices show the connected nature of our lives?

[Matthew 25:40](#) will continue to inspire us this week to ask our questions and seek to understand the Divine in all.

Peace and hope, Rev. Ryan Fea, MDiv ryanfea.mergingwaters@gmail.com

Community News

EBI KIMANANI SCHOLARSHIP FUND – Sincere thanks to all of you who made recent donations to support the education of Kenyan Secondary School Students. They would not be able to attend school without your generous assistance. Donations are gratefully received throughout the year and are receipted for the year in which they are received.



Thanks received – From a number of people who have received the care packages and musical visits from the Merging Waters Christmas Elves. Hey Elves you done good!

Church Café – Fridays 2-3pm. Join with Rev. Ryan Fea and other members of the community for a time of conversation. Weekly get togethers online with a chance to catch up, we also have theme weeks, discussion days, and prayer times depending on the week. Come chat, catch up, share stories or just listen. We can talk about our lives, hope and concerns, or just shoot the breeze and see friends.

- Special Discussion Topic - Friday Jan 8th 2-3pm. -

The Role of Music in Healing: A discussion with Dr. Eric Norris and Rev. Ryan Fea based on the On Being podcast with host Krista Tippett interviewing Craig Minowa and Cloud Cult – "Music as Medicine" **listen** to the podcast and join us in discussion.

Podcast link: <https://onbeing.org/programs/craig-minowa-cloud-cult-music-as-medicine/>

Join us weekly on ZOOM online: <https://us02web.zoom.us/j/83863371519>

or by phone: +1 438 809 7799 Canada Meeting ID: 838 6337 1519

Resources online

Social Time and Worship – Sundays 10am. During the covid-19 pandemic we are worshipping online and will be gathering together before and afterward to share in conversation and community. The worship page has the Zoom details available each week. <http://mergingwaters.ca/worship-online/>

YAYA – Youth and Young Adult with Shanna Bernier - Youth group is 6:30 on Thursdays.

Contact [Shanna Bernier](#) for details about how to connect.

Children's Church at Home – will now be at 9:30 am on Sundays. Check Facebook there is [a new page for it!](#) Please go, like, follow, and share!

ONLINE-Yoga – With trained instructor Bryson Davis, available at <http://mergingwaters.ca/yoga-at-home/>

ONLINE-Chair Yoga – For deep relaxation, try Chair Yoga <http://mergingwaters.ca/yoga-at-home/>

Support available

Merging Waters Pastoral Charge in a community that cares – Our Pastoral Care team is there to help you with your concerns. **Ivy Lewis** Union Pastoral Care Chair: lewisir@hotmail.com &

Diane Nener Beaufort Pastoral Care Coordinator: dianenener@icloud.com

We do have the prayer circle made up of members from both Union and Beaufort and that if they do have any **prayer requests** to let me know lewisir@hotmail.com

Family Life Centre – The Family Life Centre offers short term pastoral care listening and guidance on behalf of our member churches. Our services are for those without the ability to pay, are offered in English only, and are intended to help you discern your options when facing a temporary rough patch.
<http://www.familylifecentre.ca/>

Food Banks – On Rock in Pierrefonds east: <http://onrock.org/donate.html>
Fonds d'aide in Roxboro: (through Canada Helps) <https://www.canadahelps.org/fr/dn/15557>
West Island Mission: (also through Canada Helps) <https://www.canadahelps.org/en/dn/m/42261/donation>

Online reading

Essentials e-newsletter – from The United Church of Canada arrives weekly
<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=d484d73ab0>

Affirm United/S'affirmer Ensemble – comes to us bi-monthly
<https://us9.campaign-archive.com/?u=cc608c73f94333ec58cfbdf2&id=132d18d215>

Nakonha:ka News – from the Regional Council, arrives monthly <https://nakonhakaucc.ca/newsletter/>

Broadview Magazine – also available online and is special and important reading. If you were a subscriber, you could be part of their National Online Reading Club on Monday Jan 11th, the Digital Editor will interview three guests authors featured in the Jan/Feb 2021 issue.

Reminder

Interment Lots for Sale – Union Church has two double interment lots for sale. All four lots are located side-by-side in the Garden of the Last Supper in Rideau Memorial Gardens, boulevard des Sources, Dollard-des-Ormeaux, Quebec. Each lot can accommodate either one casket and two cremated remains or no caskets and three cremated remains. Rideau Memorial Gardens sell similar lots for \$4500.00 plus taxes. Your cost to purchase from Union Church would be \$4000.00 for one lot or \$7500 for a double lot. Enquiries: David Lewis (Chair, Board of Trustees) 514-457-9139, david.lewis@mcgill.ca

Want to start your day with prayer? Check out Rev Darryl Macdonald's **Celtic Meditations** on the Roxboro United Church Facebook weekday mornings at 9 am. <https://www.facebook.com/groups/roxborounited>

Suitcases for Africa – a worthwhile cause to provide assistance to **Ebi Kimanani's** childhood community. Check-out the Suitcases for Africa Facebook page <https://www.facebook.com/suitcasesforafrica> many beautiful items still available. Call Wendy Buchanan for information: 514-992-5500. Our website is: <http://suitcasesforafrica.com/>



Wednesday Study Group (below) – Jan 20th 7:30pm. The communities of Cedar Park, Roxboro and Ste-Genevieve United churches invite you to a study of the critically acclaimed book: *So You Want To Talk About Race* by Ijeoma Oluo. This is the link for the sign-up: <https://signupschedule.com/cedarparkunited>

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THE NEW YORK TIMES BESTSELLER

So you want to talk about race

FEED YOUR SPIRIT

"Fascinating, real, and necessary."
—THE ROOT

Ijeoma Oluo

A COLLABORATIVE CONVERSATION
Wednesdays at 7:30pm from January 20th to February 17th on Zoom

The communities of Cedar Park, Roxboro and Ste. Genevieve United Churches invite you to a study of the critically acclaimed book: *So You Want To Talk About Race* by Ijeoma Oluo.

We will meet on the Zoom platform over five weeks on Wednesday evenings at 7:30pm from January 20th to February 17th.

The book may be bought or downloaded on line from your favourite book dealer.
To Register, go to:
<https://signupschedule.com/cedarparkunited>.

Susan's Bag of Tricks

I hope you like the trimmed down MWMWM.

I've been enjoying the YouTuber **Max Miller: Tasting History**. He recreates recipes from very old cookbooks. His first video seems to be from Feb 25th. I suggest you start from the beginning the videos are about 15 minutes long <https://www.youtube.com/c/TastingHistory/videos>

I am off to listen to some *Hildegarde von Bingen*, l. 1098-1179
<https://www.youtube.com/watch?v=WBGqRSPyUFQ> to eat with my Medieval cheesecake.