

# Merging Waters Mid-Week MWMWM

## October 14, 2021

### UPCOMING SERVICES at 10:30 a.m.

Oct 17 <sup>th</sup>	World Food Sunday – Outreach Service
Oct 24 <sup>th</sup>	The Sunday of Grace – Lisa Byer-de Wever, Guest Pastor
Oct 27 <sup>th</sup>	Union Church Board meeting
Oct 31 <sup>st</sup>	All Saints Day

Worship at Merging Waters: Sunday [www.mergingwaters.ca/Worship-online](http://www.mergingwaters.ca/Worship-online)  
Links for the Zoom Service will be available at on that page  
Download the Zoom App at [zoom.us/download](https://zoom.us/download)

Greetings Merging Waters,

Oct 14th 2021

Rev. Ryan is taking some study leave Oct 11<sup>th</sup> to 25<sup>th</sup> inclusive. Contact Pastoral Care or the office if you have an emergency.

Sunday October 17<sup>th</sup> service will be by the Outreach Committee, the theme is World Food Day.

**World Food Day** October 16, 2021. In recognition of World Food Day, let us remember those families who rely on food banks to see them through the month. The need never goes away. Through CanadaHelps you can donate online to On Rock Community Services or the West Island Assistance Fund (WIAF FDOI), both of which run local food banks. You can also donate to the Saint Columba House Hunger Appeal through their website <https://saintcolumbahouse.org/donate/>



The **All Saints Day** service will be **October 31<sup>st</sup>**. A service to Lift-up in Remembrance anyone who was a member or dear to a member who passed in the last year. Please send in a name, year born and photo by noon on **Wednesday Oct 27<sup>th</sup>**. Sent this info to [mergingwaters@bellnet.ca](mailto:mergingwaters@bellnet.ca)



**CHURCH CAFÉ is on hiatus**  
**Oct 15 & 22** and returns  
with a blast of autumn air  
the 29<sup>th</sup> of October

Join Engaging Discussions  
& Visits with neighbours

Hosted with Rev. Ryan  
Fridays  
on ZOOM @ 2 pm

[CLICK HERE TO JOIN IN](#)



**Faiths 4 Climate Justice** - Come join our interfaith action at the Square St James (463 rue Ste-Catherine Ouest) in support of Faiths 4 Climate Justice on **October 18 at noon!** We aim to engage people of faith and the community to take action and put pressure on our national government to address the climate crisis at COP26. Please bring signs if you can, and wear religious apparel and symbols if you have them. All current public health measures will be followed.

Let people know you're coming by posting this link to your social media, share it with friends, and by using it to let organizers know you're in! <https://greenfaith.controlshift.app/events/faiths-4-climate-montreal-event>

## **10 DEMANDS OF GREEN FAITH**

<https://greenfaith.org/take-action/greenfaith-international-network-our-ten-demands/>

## **Pay It Forward**

Canadians are receiving COVID vaccines, people in many other parts of the world have no way to get them.

Your gift of 25\$ will provide a complete COVID-19 vaccination to one person in a country where vaccines are in short supply. 25\$ to save a life. How many can you save?

<https://giftswithvision.ca/collections/featured/products/pay-it-forward>



**EMERGENCY AID FOR HAITI** - On the morning of **Saturday, August 14**, Haiti was struck by a severe earthquake. The extent of the damage is still unclear. Haitians and the international community are working hard to rescue people trapped under the rubble. But the number of deaths is rising. Many homes and community buildings have been destroyed. Hospitals have also been damaged, and acutely injured and traumatized people are struggling to find help. And what's more, Tropical Storm Grace hit Haiti on August 16, making an already bad situation worse.

The United Church of Canada is in contact with Mission & Service partners in Haiti to find out how we can support their communities. Today, people in Haiti need emergency shelter, clean water, and food.

[Earthquake in Haiti | The United Church of Canada \(united-church.ca\)](https://united-church.ca/earthquake-in-haiti)

## **Community News**

**Boutique 24** - Donations of fall and winter clothing, linens, books, and small household items are appreciated. You can drop off items at the church on Wednesday afternoons from 1 to 3 p.m.; Thursdays between 11:30 a.m. and 3:30 p.m. or call June Hudon 514-713-5054

Thanks to all of the volunteers that make Boutique 24 possible!

We are looking for a few volunteers that are willing to volunteer for a few hours once a month to help with sales on Thursdays between 11:30 a.m. and 3:30 p.m.



## Photo contest: How I spent my COVID summer 2021

Help Merging Waters celebrate our summer experiences!

Living with COVID has meant some quieter times and more local pursuits, but also opportunities to pause and take a closer look at our surroundings.

Share your photo memories with the community, and we will feature them in our slide shows, on our website and in our social media!

### **How to participate:**

1. Submit up to 4 photos = maximum one photo for each of the following categories. Feel free to send along a description / memories with the picture.
  - A. Flora - trees, plants, flowers, etc.
  - B. Fauna - Animals of all kinds (air, water, land, furry, any number of legs, feathered, scaly, etc.)
  - C. Inspiration (churches, sacred spaces, awe-inspiring landscapes, etc. )
  - D. Community during COVID (our different ways to connect with family and friends)
2. By participating, you confirm permission to share these images for use by Merging Waters, with photo credits acknowledged in the same way as all MW attributions.
3. Recall that any identifiable human being(s) depicted in the photo should have given their permission for publication as well.
4. Contest is open to members/adherents of Merging Waters and their immediate family.
5. Submit photo files to [mergingwatersphoto@gmail.com](mailto:mergingwatersphoto@gmail.com)
  - a. All orientations accepted (landscape or portrait)
  - b. Highest practical resolution preferred, for future use considerations.
6. **Deadline for submission: October 22, 2021**

An impartial jury will select the top photo from each category to be featured in a special Merging Waters worship segment! Thank you for bringing joy to our community!

For more information, please contact Christine Bryce or Lynn Thompson, or email: [mergingwatersphoto@gmail.com](mailto:mergingwatersphoto@gmail.com)



You can drop off clean and label-free clear or coloured prescription bottles (20787 Lakeshore, Baie D'Urfe). We have them delivered to Earthub in Ottawa for use with doctors overseas. <https://www.earthub.ca/make-a-difference> Susan (514-457-1793) [sahawker@hotmail.com](mailto:sahawker@hotmail.com)

**Lynn Thompson** – Has a new series of hand-made cards featuring origami decorations using assorted papers. The cards are \$2.00 each and all proceeds go to Union Church. Anyone interested in ordering cards can reach Lynn by phone (450-218-6131) or email ([lynnathompson3@icloud.com](mailto:lynnathompson3@icloud.com)) and arrangements can be made for pickup or delivery.



**Merging Waters Pastoral Charge is a Community that Cares** – Our Pastoral Care team is there to help you with your concerns. **Ivy Lewis** Union Pastoral Care Chair: [lewisir@hotmail.com](mailto:lewisir@hotmail.com) and for Beaufort United, the co- Coordinating team of **Diane Nener**: [dianenener@icloud.com](mailto:dianenener@icloud.com); & **Wendy Hamel**: [wendyandrewadam@yahoo.ca](mailto:wendyandrewadam@yahoo.ca)

We also have a Prayer Circle made up of members from both Union and Beaufort. If you have **prayer requests**, please contact [lewisir@hotmail.com](mailto:lewisir@hotmail.com)

**Gentle Hatha Yoga** classes will be offered once again from 7:00-8:00pm on Tuesdays in Adair Hall. Price is now 10\$/class. Classes start September 21<sup>st</sup>. The course is intended for beginners or intermediates: come enjoy yoga poses, sun salutations and Savasana (final relaxation).

**Chair Yoga** will be ongoing every Friday afternoon from 4:30-5:15pm in Adair Hall. Come learn an adapted form of yoga in a relaxing environment. Classes are free. The first class is Friday September 24<sup>th</sup>.

If you need to contact Bryson Davis about classes, he is reachable at 514-980-0905 or email him at [bdpincourt@gmail.com](mailto:bdpincourt@gmail.com). Namaste!



**West Island Citizen Advocacy (WICA)** – <https://volunteerwica.com/>

Check out their Newsletter at: <https://volunteerwica.com/wp-content/uploads/2021/09/newsletter-Fall-2021-final.pdf>

They have an interesting series of courses they all are online.

We encourage you to take advantage of our Fall courses offered free to the community at large. The courses will be offered on-line on Fridays 1:00-3:00. Visit <http://www.volunteerwica.com> to register.

**October 8:** ~~Vaxicode: Download and Installation~~

**October 15:** Exploring the Basics of Dementia

**October 22:** Info-Session with a Covid Nurse

**October 29:** Know your Tablet: A Beginner's Guide

**November 5:** Post-Covid: Getting Back to Normal Life

**November 12:** Benefits and Tax Credits for Seniors

**November 19:** Introduction to RVA (Rendez-Vous Arts)

**West Island Cancer Wellness Centre (WICWC)** – is **looking for volunteers**, The main tasks include:



West Island Cancer Wellness Centre

Answering the phone, greeting participants and helping them to sign up for classes. We need someone who is: Bilingual; Compassionate and enjoys working with people in a fast-paced environment; Has strong computer and organizational skills; Available one day per week [CLICK HERE TO APPLY](#)

**Interment Lots for Sale** – Union Church has two double interment lots for sale. All four lots are located side-by-side in the Garden of the Last Supper in Rideau Memorial Gardens, boulevard des Sources, Dollard-des-Ormeaux, Quebec. Each lot can accommodate either one casket and two cremated remains or no caskets and three cremated remains. Rideau Memorial Gardens sell similar lots for \$4500.00 plus taxes. Your cost to purchase from Union Church would be \$4000.00 for one lot or \$7500 for a double lot. Enquiries: Jack Brown, [bshouse@bellnet.ca](mailto:bshouse@bellnet.ca), (450)455-2764.





**NOVA West Island** is announcing a Fundraising Spaghetti Dinner. ABO VAS (Volunteer Accompaniment Service) is having their first fundraiser in the West Island. Let's encourage them by attending their spaghetti dinner! To purchase tickets:

<https://app.simplyk.io/en/ticketing/22f6b7f1-75f0-4060-91f4-c40b32b15349>

**ABO VAS**  
Levée de fonds  
dîner spaghetti  
dimanche le 24 octobre  
de 12:00 à 18:30  
17003 Trans-Canada, Kirkland, H9H 5J1  
Sunday October 24th  
from 12pm to 6:30pm  
Spaghetti dinner  
fundraiser  
Munda  
trattoria

BILLETS  
40.00\$

TICKETS  
40.00\$

### Resources online

**YAYA** – Youth and Young Adult with Shanna Bernier tells us: The Youth programming, Children's Church at home as well as our weekly chats are on hold for the summer

**Children's Church at Home** – is on hiatus for the summer. Check their Facebook page in the fall:

<https://www.facebook.com/Childenschurchathome/>

**ONLINE-Yoga** – With trained instructor Bryson Davis, available at <http://mergingwaters.ca/yoga-at-home/>

**ONLINE-Chair Yoga** – For deep relaxation, try Chair Yoga <http://mergingwaters.ca/yoga-at-home/>

### Support available

**Food Banks** – On Rock in Pierrefonds east: <http://onrock.org/donate.html>

Fonds d'aide in Roxboro: (through Canada Helps) <https://www.canadahelps.org/fr/dn/15557>

West Island Mission: (also through Canada Helps) <https://www.canadahelps.org/en/dn/m/42261/donation>

Christian Action Chrétienne Food Bank: Drop-off (St-John's United, Pte-Claire) Weds mornings from 11 am to noon. Please call Doris (514-694-3612)

**BEAUConnexion** – is an initiative by Les Amis du Village Beaufort for people in the area to connect households in the Village to help each other. <https://www.facebook.com/LesAmisduVillageBeaufort/>

**Little Brothers/Petits frères** – is an organization that started here in 1963 (1940's in France) and is now present all over Quebec. It does outreach to isolated seniors. I checked with Villa Beaufort and Volunteer West Island, they both speak highly of them. <https://www.petitsfreres.ca/en/about-us/>

### Online reading

**Mission & Service – September 22** - God's Mission Our Gifts, this new issue telling us about the good work our M&S donations support. I read:

Your Support Is There When Disaster Strikes; Dignity Is on the Table; Defining Love: Emmanuel's Story; Growing Stronger Together: Maina's Story; Our Generosity Has a Worldwide Impact: Mambud's Story; WORLD FOOD DAY SERVICE—DONE! (Oct 17th); Congregational Stewardship/Generosity; Community Ministries Are Special; Every Small Step You Take Makes a Difference; Discover Your Gifts—Share Your Gifts: Epiphany 2022; Called to Be the Church: The Journey; Stewardship Seconds, offering invitations, and offering prayers. <https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=e879ddd78d>

**Essentials e-newsletter – October 12<sup>th</sup>** – Advent Unwrapped 2021; Guaranteed Liveable Income Worship Sunday (Oct 17); Latin American Heritage Month; Seeds of Hope Grant; Your Generosity Matters: Emmanuel's Story; Is Preaching the Big Questions Still Relevant?;

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=5dc7c7c877>

**October 5<sup>th</sup>** - 40 Days of Engagement on Anti-Racism (Oct 12-Nov 26); Thanksgiving Appeal; Mastering Mental Health Your Generosity Matters: Dignity Is on the Menu; United Church Bookstore: Facebook Live with *Preaching the Big Questions* Authors

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=644d6c0278>

**September 29<sup>th</sup>** – Orange Shirt Day / National Day of Truth and Reconciliation (Sept 30<sup>th</sup>); Webinar: Indigenous Children Then, Now and Tomorrow; Guaranteed Liveable Income GLI Worship Sunday (Oct 17<sup>th</sup>); Your Generosity Matters: Your Support Is There When Disaster Strikes; United Church Bookstore: Last Days of Sale!

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=de92891093>

**Broadview Magazine from the website – October 8<sup>th</sup>** - One writer explores the mental health disorders in his family; My grandmother had a lobotomy and was forever altered; Why does faith matter in family life?; 5 strategies that have helped me live with depression; When kids are in crisis, how can we help them?; Why it's so hard to find affordable mental health care; National online reading club [video](#) from Oct.4, 2021

<https://us11.campaign-archive.com/?u=e7bb561f7f940952a3aaf474c&id=62fa6a94af>

**September 24<sup>th</sup>** – What was lost when this pioneering Black physicist died?; Demand for safe consumption sites is growing, and United churches are speaking up in support; Why does faith matter in family life?; Green-shaming won't help solve the climate crisis — this is how we can move forward.

<https://us11.campaign-archive.com/?u=e7bb561f7f940952a3aaf474c&id=88a9f18088>

*To have access to the online articles, you must have a subscription to this award-winning magazine.  
Contact Ivy Lewis or Susan Smith.*

**Affirm United/S'affirmer Ensemble – September 24<sup>th</sup>** – Faithful and Queer Accessible Moving Tour (Oct 1<sup>st</sup> in Toronto); 2S-LGBTQ+ affected by conversion therapy-Survey; Queer Vespers (Sept 26<sup>th</sup> 7pm); AUSE 2021-AGM Minutes; Call for AU/SE Treasurer and 2 members at large; Some Queer Religious news from our neighbours to the south; Communications update for AU/SE; Affirming celebrations for East Central Ontario Regional Council and Dawning Waters Regional Council; Affirm United Shop.

<https://us9.campaign-archive.com/?u=cc608c73f94333ec58cfbdf2&id=3bb87667c5>

**Nakonha:ka News – October 6** – In this issue: Regional Council meeting (Nov 12 & 13); Ventilation in church buildings (COVID); Guaranteed Livable Income Sunday (GLI Oct 17<sup>th</sup>); Climate action in Montreal (Oct 18<sup>th</sup>); Video: Church in Drag? [CLICK](#)

<https://us20.campaign-archive.com/?u=cdc0cf1d3f8a8fb5ab6228426&id=5cd7b66dad>

**September 22** - Featured news in this issue: vaccination policies for communities of faith; Resources for Climate Action / Season of Creation; Resources for Orange Shirt Day / National Truth and Reconciliation Day; Community events (online and in person); and more!

<https://us20.campaign-archive.com/?u=cdc0cf1d3f8a8fb5ab6228426&id=c9eaf9fc55>

**Embracing the Spirit** – is United Church of Canada learning network and innovation fund. It offers funding and support for innovation ideas hatched out of faith communities and communities in ministry. Some of the stories and best practices that are happening throughout The UCC are shared in this newsletter. Their website is: <https://united-church.ca/community-and-faith/being-community/embracing-spirit>

**October 13<sup>th</sup>** – Applications due Friday (Oct 15) Innovation and Growth Grants; Love & Justice Gathering; What is the Language Hiding? What is it revealing?

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=71ee142505>

**September 29<sup>th</sup>** – Love and Justice Gathering (Nov 3-7); Kamloops United Church in Community; Free Seminar: Our Future World – The Church and Technological Change; Change Maker Virtual Conference Centre in Full Swing this Fall.

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=c0e9f71a0c>

### Reminder



**MASKS, ARROWS  
DISTANCING,  
NO LINGERING**

**Ste-Anne's Market Autumn Edition** – Open on Saturday **October 16<sup>th</sup>**, 9am-2pm

outdoor on the waterfront. Please spread the word that the market is ongoing, support this gem of a market. They will be there all summer. Bring your own bags.

- Fermes & producteurs locaux / Farms and local growers
- Mets prêts à cuire / Ready-to-Cook Foods
- Produits de spécialité / Speciality products
- De la rue Ste-Anne au marché / Ste-Anne locals
- Produits de Boulangerie / Bakeries and baked products
- Savons et sois du corps / Soaps and body Care
- Produits artisanaux / Artisanal products

**The market continues at the waterfront up to and including Oct 24<sup>th</sup>. Starting Oct 31<sup>st</sup>, the market will be in St-Georges Church.**

**10 DEMANDS OF GREEN FAITH** <https://greenfaith.org/take-action/greenfaith-international-network-our-ten-demands/>

Energy	Finance	Employment	Self-Determination	Hospitality
Restoration	Bio-Diversity	Divestment	Reparation	Community