

# Merging Waters Mid-Week MWMWM

## October 7, 2021

UPCOMING SERVICES at 10:30 a.m.

Oct 10 <sup>th</sup>	Creation Time 5 – Thanksgiving Sunday
Oct 17 <sup>th</sup>	World Food Sunday – Outreach Service -
Oct 24 <sup>th</sup>	The Sunday of Grace – Lisa Byer-de Wever, Guest Pastor
Oct 27 <sup>th</sup>	Union Church Board meeting
Oct 31 <sup>st</sup>	All Saints Day

Merging Waters  
Pastoral Charge



Worship at Merging Waters: Sunday [www.mergingwaters.ca/Worship-online](http://www.mergingwaters.ca/Worship-online)  
Links for the Zoom Service will be available at on that page  
Download the Zoom App at [zoom.us/download](https://zoom.us/download)

Greetings Merging Waters,

Oct 7th 2021



As we approach Thanksgiving Sunday, I lift up my gratitude for each and every one of you. This is a great week to focus on the people and things we love, those things that bring us joy. As we reflect on those things and people who brighten our lives we can ask ourselves a few questions:

- Focus your attention on someone you love. Sit in the feeling that this elicits.
- How long can you hold onto that moment of deep feeling?
- What would you be willing to offer to help them in a time of need?
- How much of yourself do you need to keep for yourself to be healthy?
- If we can love another this much, be willing to do so much for one other, could we love any other this much? New connections? Strangers? Enemies?
- How do we share this same love with ourselves?

I look forward to this coming Sunday morning when our journey will continue as we will lift up gratitude and grace together as we celebrate the blessings we share. I wish a Happy Thanksgiving to you all and your families.

Peace and thanksgiving,

Rev. Ryan Fea

MDiv

[ryanfea.mergingwaters@gmail.com](mailto:ryanfea.mergingwaters@gmail.com)



**CHURCH CAFÉ** returns with a blast of autumn air  
Join Engaging Discussions and  
Visits with neighbours  
Hosted by with Rev. Ryan

Every Friday  
On ZOOM @ 2 pm

Join us Online: <https://us02web.zoom.us/j/84028655138>

Or on phone: +1 438 809 7799 Canada  
Meeting ID: 840 2865 5138





The **All Saints Day** service will be **October 31<sup>st</sup>**. A service to Lift-up in Remembrance anyone who was a member or dear to a member who passed in the last year. Please send in a name, year born and photo by noon on Wednesday Oct 27<sup>th</sup>. Sent this info to [mergingwaters@bellnet.ca](mailto:mergingwaters@bellnet.ca)



**Faiths 4 Climate Justice** - Come join our interfaith action at the Square St James (463 rue Ste-Catherine Ouest) in support of Faiths 4 Climate Justice on **October 18 at noon!** We aim to engage people of faith and the community to take action and put pressure on our national government to address the climate crisis at COP26.

Please bring signs if you can, and wear religious apparel and symbols if you have them. All current public health measures will be followed.

Let people know you're coming by posting this link to your social media, share it with friends, and by using it to let organizers know you're in! <https://greenfaith.controlshift.app/events/faiths-4-climate-montreal-event>



## **10 DEMANDS OF GREEN FAITH**

<https://greenfaith.org/take-action/greenfaith-international-network-our-ten-demands/>



## **Pay It Forward**

Canadians are receiving COVID vaccines, people in many other parts of the world have no way to get them.

Your gift of 25\$ will provide a complete COVID-19 vaccination to one person in a country where vaccines are in short supply. 25\$ to save a life. How many can you save?

<https://giftswithvision.ca/collections/featured/products/pay-it-forward>

**EMERGENCY AID FOR HAITI** - On the morning of **Saturday, August 14**, Haiti was struck by a severe earthquake. The extent of the damage is still unclear. Haitians and the international community are working hard to rescue people trapped under the rubble. But the number of deaths is rising. Many homes and community buildings have been destroyed. Hospitals have also been damaged, and acutely injured and traumatized people are struggling to find help. And what's more, Tropical Storm Grace hit Haiti on August 16, making an already bad situation worse.

The United Church of Canada is in contact with Mission & Service partners in Haiti to find out how we can support their communities. Today, people in Haiti need emergency shelter, clean water, and food.

[Earthquake in Haiti | The United Church of Canada \(united-church.ca\)](https://www.united-church.ca/earthquake-haiti)

## **Community News**

**Boutique 24** - Donations of fall and winter clothing, linens, books, and small household items are appreciated. You can drop off items at the church on Wednesday afternoons from 1 to 3 p.m.; Thursdays between 11:30 a.m. and 3:30 p.m. or call June Hudon 514-713-5054

Thanks to all of the volunteers that make Boutique 24 possible!

We are looking for a few volunteers that are willing to volunteer for a few hours once a month to help with sales on Thursdays between 11:30 a.m. and 3:30 p.m.

## Photo contest: How I spent my COVID summer 2021

Help Merging Waters celebrate our summer experiences!

Living with COVID has meant some quieter times and more local pursuits, but also opportunities to pause and take a closer look at our surroundings.

Share your photo memories with the community, and we will feature them in our slide shows, on our website and in our social media!



### **How to participate:**

1. Submit up to 4 photos = maximum one photo for each of the following categories. Feel free to send along a description / memories with the picture.
  - A. Flora - trees, plants, flowers, etc.
  - B. Fauna - Animals of all kinds (air, water, land, furry, any number of legs, feathered, scaly, etc.)
  - C. Inspiration (churches, sacred spaces, awe-inspiring landscapes, etc. )
  - D. Community during COVID (our different ways to connect with family and friends)
2. By participating, you confirm permission to share these images for use by Merging Waters, with photo credits acknowledged in the same way as all MW attributions.
3. Recall that any identifiable human being(s) depicted in the photo should have given their permission for publication as well.
4. Contest is open to members/adherents of Merging Waters and their immediate family.
5. Submit photo files to [mergingwatersphoto@gmail.com](mailto:mergingwatersphoto@gmail.com)
  - a. All orientations accepted (landscape or portrait)
  - b. Highest practical resolution preferred, for future use considerations.
6. **Deadline for submission: October 22, 2021**

An impartial jury will select the top photo from each category to be featured in a special Merging Waters worship segment! Thank you for bringing joy to our community!

For more information, please contact Christine Bryce or Lynn Thompson, or email: [mergingwatersphoto@gmail.com](mailto:mergingwatersphoto@gmail.com)



You can drop off clean and label-free clear or coloured prescription bottles (20787 Lakeshore, Baie D'Urfe). We have them delivered to Earthub in Ottawa for use with doctors overseas. <https://www.earthub.ca/make-a-difference> Susan (514-457-1793) [sahawker@hotmail.com](mailto:sahawker@hotmail.com)

**Lynn Thompson** – Has a new series of hand-made cards featuring origami decorations using assorted papers. The cards are \$2.00 each and all proceeds go to Union Church. Anyone interested in ordering cards can reach Lynn by phone (450-218-6131) or email ([lynnathompson3@icloud.com](mailto:lynnathompson3@icloud.com)) and arrangements can be made for pickup or delivery.



**Merging Waters Pastoral Charge is a Community that Cares** – Our Pastoral Care team is there to help you with your concerns. **Ivy Lewis** Union Pastoral Care Chair: [lewisir@hotmail.com](mailto:lewisir@hotmail.com) and for Beaufort United, the co- Coordinating team of **Diane Nener**: [dianenener@icloud.com](mailto:dianenener@icloud.com); & **Wendy Hamel**: [wendyandrewadam@yahoo.ca](mailto:wendyandrewadam@yahoo.ca)

We also have a Prayer Circle made up of members from both Union and Beaufort. If you have **prayer requests**, please contact [lewisir@hotmail.com](mailto:lewisir@hotmail.com).

**Gentle Hatha Yoga** classes will be offered once again from 7:00-8:00pm on Tuesdays in Adair Hall. Price is now 10\$/class. Classes start September 21<sup>st</sup>. The course is intended for beginners or intermediates: come enjoy yoga poses, sun salutations and Savasana (final relaxation).

**Chair Yoga** will be ongoing every Friday afternoon from 4:30-5:15pm in Adair Hall. Come learn an adapted form of yoga in a relaxing environment. Classes are free. The first class is Friday September 24<sup>th</sup>.

If you need to contact Bryson Davis about classes, he is reachable at 514-980-0905 or email him at [bdpincourt@gmail.com](mailto:bdpincourt@gmail.com). Namaste!



**West Island Citizen Advocacy (WICA)** – <https://volunteerwica.com/>

Check out their Newsletter at: <https://volunteerwica.com/wp-content/uploads/2021/09/newsletter-Fall-2021-final.pdf>

They have an interesting series of courses they all are online from 1-3pm.

We encourage you to take advantage of our Fall courses offered free to the community at large. The courses will be offered on-line on Fridays 1:00-3:00. Visit <http://www.volunteerwica.com> to register.

**October 8:** Vaxicode: Download and Installation

**October 15:** Exploring the Basics of Dementia

**October 22:** Info-Session with a Covid Nurse

**October 29:** Know your Tablet: A Beginner's Guide

**November 5:** Post-Covid: Getting Back to Normal Life

**November 12:** Benefits and Tax Credits for Seniors

**November 19:** Introduction to RVA (Rendez-Vous Arts)

**West Island Cancer Wellness Centre (WICWC)** – Save the Date – **Saturday October 9<sup>th</sup>** – The Hero Run is back! Young and old alike are invited to dress-up as their favourite super hero and walk or run to raise funds for cancer wellness. 100% of the proceeds go to the WICWC. West Island Cancer Wellness Centre, 115 rue Du Barry, Kirkland (QC) H9H 0C4, 514 695-9355, [info@wicwc.org](mailto:info@wicwc.org)



West Island Cancer Wellness Centre

**Also, WICWC is looking for volunteers**, The main tasks include: Answering the phone, greeting participants and helping them to sign up for classes. We need someone who is: Bilingual; Compassionate and enjoys working with people in a fast-paced environment; Has strong computer and organizational skills; Available one day per week [CLICK HERE TO APPLY](#)

**Interment Lots for Sale** – Union Church has two double interment lots for sale. All four lots are located side-by-side in the Garden of the Last Supper in Rideau Memorial Gardens, boulevard des Sources, Dollard-des-Ormeaux, Quebec. Each lot can accommodate either one casket and two cremated remains or no caskets and three cremated remains. Rideau Memorial Gardens sell similar lots for \$4500.00 plus taxes. Your cost to purchase from Union Church would be \$4000.00 for one lot or \$7500 for a double lot. Enquiries: Jack Brown, [bshouse@bellnet.ca](mailto:bshouse@bellnet.ca), (450)455-2764.





**NOVA West Island** is announcing a Fundraising Spaghetti Dinner. ABO VAS (Volunteer Accompaniment Service) is having their first fundraiser in the West Island. Let's encourage them by attending their spaghetti dinner! To purchase tickets:

<https://app.simplyk.io/en/ticketing/22f6b7f1-75f0-4060-91f4-c40b32b15349>

**ABO VAS**  
Levée de fonds  
dîner spaghetti  
dimanche le 24 octobre  
de 12:00 à 18:30  
17003 Trans-Canada, Kirkland, H9H 5J1  
Sunday October 24th  
from 12pm to 6:30pm  
Spaghetti dinner  
fundraiser  
Munda  
trattoria

BILLETS  
40.00\$

TICKETS  
40.00\$

### Resources online

**YAYA** – Youth and Young Adult with Shanna Bernier tells us: The Youth programming, Children's Church at home as well as our weekly chats are on hold for the summer

**Children's Church at Home** – is on hiatus for the summer. Check their Facebook page in the fall:

<https://www.facebook.com/Childschurchathome/>

**ONLINE-Yoga** – With trained instructor Bryson Davis, available at <http://mergingwaters.ca/yoga-at-home/>

**ONLINE-Chair Yoga** – For deep relaxation, try Chair Yoga <http://mergingwaters.ca/yoga-at-home/>

### Support available

**Food Banks** – On Rock in Pierrefonds east: <http://onrock.org/donate.html>

Fonds d'aide in Roxboro: (through Canada Helps) <https://www.canadahelps.org/fr/dn/15557>

West Island Mission: (also through Canada Helps) <https://www.canadahelps.org/en/dn/m/42261/donation>

Christian Action Chrétienne Food Bank: Drop-off (St-John's United, Pte-Claire) Weds mornings from 11 am to noon. Please call Doris (514-694-3612)

**BEAUConnexion** – is an initiative by Les Amis du Village Beaufort for people in the area to connect households in the Village to help each other. <https://www.facebook.com/LesAmisduVillageBeaufort/>

**Little Brothers/Petits frères** – is an organization that started here in 1963 (1940's in France) and is now present all over Quebec. It does outreach to isolated seniors. I checked with Villa Beaufort and Volunteer West Island, they both speak highly of them. <https://www.petitsfreres.ca/en/about-us/>

### Online reading

**Mission & Service – September 22** - God's Mission Our Gifts, this new issue telling us about the good work our M&S donations support. I read:

Your Support Is There When Disaster Strikes; Dignity Is on the Table; Defining Love: Emmanuel's Story; Growing Stronger Together: Maina's Story; Our Generosity Has a Worldwide Impact: Mambud's Story; WORLD FOOD DAY SERVICE—DONE! (Oct 17th); Congregational Stewardship/Generosity; Community Ministries Are Special; Every Small Step You Take Makes a Difference; Discover Your Gifts—Share Your Gifts: Epiphany 2022; Called to Be the Church: The Journey; Stewardship Seconds, offering invitations, and offering prayers. <https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=e879ddd78d>

**Essentials e-newsletter – October 5<sup>th</sup>** - 40 Days of Engagement on Anti-Racism (Oct 12-Nov 26);

Thanksgiving Appeal; Mastering Mental Health Your Generosity Matters: Dignity Is on the Menu; United Church Bookstore: Facebook Live with *Preaching the Big Questions* Authors  
<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=644d6c0278>

**September 29<sup>th</sup>** – Orange Shirt Day / National Day of Truth and Reconciliation (Sept 30<sup>th</sup>); Webinar: Indigenous Children Then, Now and Tomorrow; Guaranteed Liveable Income GLI Worship Sunday (Oct 17<sup>th</sup>); Your Generosity Matters: Your Support Is There When Disaster Strikes; United Church Bookstore: Last Days of Sale!  
<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=de92891093>

**September 21<sup>st</sup>** – United for the Love of Creation; Job Opening at the General Council Office; United Church Bookstore: *Adventures in Faith and Family*; Your Generosity Matters: Wondering What More You Can Do to Become Anti-Racist?; Diversity and Equity in the Workplace  
<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=d54a067d92>

**Broadview Magazine from the website – September 24<sup>th</sup>** – What was lost when this pioneering Black physicist died?; Demand for safe consumption sites is growing, and United churches are speaking up in support; Why does faith matter in family life?; Green-shaming won't help solve the climate crisis — this is how we can move forward.  
<https://us11.campaign-archive.com/?u=e7bb561f7f940952a3aaf474c&id=88a9f18088>

**September 10<sup>th</sup>** – Where were these courses when we were kids?; Can restorative justice end bullying? These schools are giving it a try.; United Church leaving vaccine policies up to individual faith communities.; Nova Scotia group has one year to raise \$10.5M to save historic church.  
<https://us11.campaign-archive.com/?u=e7bb561f7f940952a3aaf474c&id=8650e81bfe>

*To have access to the online articles, you must have a subscription to this award-winning magazine.  
Contact Ivy Lewis or Susan Smith.*

**Affirm United/S'affirmer Ensemble – September 24<sup>th</sup>** – Faithful and Queer Accessible Moving Tour (Oct 1<sup>st</sup> in Toronto); 2S-LGBTQ+ affected by conversion therapy-Survey; Queer Vespers (Sept 26<sup>th</sup> 7pm); AUSE 2021-AGM Minutes; Call for AU/SE Treasurer and 2 members at large; Some Queer Religious news from our neighbours to the south; Communications update for AU/SE; Affirming celebrations for East Central Ontario Regional Council and Dawning Waters Regional Council; Affirm United Shop.

<https://us9.campaign-archive.com/?u=cc608c73f94333ec58cfbdf2&id=3bb87667c5>

**Nakonha:ka News – October 6** – In this issue: Regional Council meeting (Nov 12 & 13); Ventilation in church buildings (COVID); Guaranteed Livable Income Sunday (GLI Oct 17<sup>th</sup>); Climate action in Montreal (Oct 18<sup>th</sup>); Video: Church in Drag? [CLICK](#)

<https://us20.campaign-archive.com/?u=cdc0cf1d3f8a8fb5ab6228426&id=5cd7b66dad>

**September 22** - Featured news in this issue: vaccination policies for communities of faith; Resources for Climate Action / Season of Creation; Resources for Orange Shirt Day / National Truth and Reconciliation Day; Community events (online and in person); and more!

<https://us20.campaign-archive.com/?u=cdc0cf1d3f8a8fb5ab6228426&id=c9eaf9fc55>

**Embracing the Spirit** – is United Church of Canada learning network and innovation fund. It offers funding and support for innovation ideas hatched out of faith communities and communities in ministry. Some of the stories and best practices that are happening throughout The UCC are shared in this newsletter. Their website is: <https://united-church.ca/community-and-faith/being-community/embracing-spirit>

**September 29<sup>th</sup>** – Love and Justice Gathering (Nov 3-7); Kamloops United Church in Community; Free Seminar: Our Future World – The Church and Technological Change; Change Maker Virtual Conference Centre in Full Swing this Fall.

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=c0e9f71a0c>

**September 15<sup>th</sup>** – Change Maker Virtual Conference Centre in Full Swing this Fall; EDGEy Conversation with Charles MacDonald (Huron Shores Regional Council); What Does Following the Spirit Look Like? (Following Energy); Curiosity Cohort Starting Soon—Are You Curious About What is Possible?

<https://us3.campaign-archive.com/?u=ff2087d5fde243a770ed893a8&id=74a4dbcc08>

### Reminder



**MASKS, ARROWS  
DISTANCING,  
NO LINGERING**

**Ste-Anne's Market Autumn Edition** – Open on Saturday **October 9<sup>th</sup>**, 9am-2pm

outdoor on the waterfront. Please spread the word that the market is ongoing, support this gem of a market. They will be there all summer. Bring your own bags.

- Fermes & producteurs locaux / Farms and local growers
- Mets prêts à cuire / Ready-to-Cook Foods
- Produits de spécialité / Speciality products
- De la rue Ste-Anne au marché / Ste-Anne locals
- Produits de Boulangerie / Bakeries and baked products
- Savons et sois du corps / Soaps and body Care
- Produits artisanaux / Artisanal products

### **10 DEMANDS OF GREEN FAITH**

<https://greenfaith.org/take-action/greenfaith-international-network-our-ten-demands/>



Energy	Finance	Employment	Self-Determination	Hospitality
Restoration	Bio-Diversity	Divestment	Reparation	Community

This webinar being organized by Seniors Action Quebec might be of interest to people in your congregation \ organization \ network of family and friends.

**REGISTER BY OCTOBER 8TH**

**Family Law - a free webinar with Family Lawyer Linda Hammerschmid**

**October 12th at 10 AM – 11:30am** While the topic may not apply to you, it could be relevant for an adult child, grandchild or a friend (see the attached poster).

Register by October 8 at [info@seniorsactionquebec.ca](mailto:info@seniorsactionquebec.ca).

Please leave your email and phone number if you wish to attend – you will receive the Zoom Invite with a link the day before the event.



## Online Webinar: Grandparent's Access Rights Following a Split or Divorce

Tuesday October 12  
10:00AM-11:30AM

Well-known Family Law Lawyer, Linda Hammerschmid will be presenting on the following topics:

"What access rights do grandparents have following a split or divorce"

Plus

"Are you considering entering a co-habiting relationship (often referred to as common-law) or know someone in one? What are your rights? Are they the same as a married couple?"

M. Hammerschmid has pleaded cases at the Superior, Appeal and Supreme Courts. She was the co-founder (1984) and the Secretary of the Association of Family Lawyers of Quebec until (2012).

She has been involved with the following groups: Child Abuse Prevention Program, a Board Member of the Bar of Montreal for several years, Velvet Hearts and Lake Hughes Association.

She has been heard on many electronic media venues such as CJAD Radio, 940 AM. CBC, Global TV and recently with Mutsumi Takahashi on the New Divorce Act Modifications.

**To register, send us an email at [info@seniorsactionquebec.ca](mailto:info@seniorsactionquebec.ca) by October 8.**  
**Please include your name, contact information and name of organization.**  
**A Zoom link will be sent to you a few days before the event.**



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